

PROCESSES



Bridging the Gap

Purpose:

To identify any gaps in comprehensive school health implementation at the school level, and brainstorm activities or initiatives that will *bridge the gaps*.

Materials:

- JCSH Healthy School Planner Report OR a completed copy of an assessment tool that contains evidence of impact.
- Chart paper
- Markers
- Paper bridges
- Sticky tack

Time for process: 35-40 minutes

Pre-process Steps:

1. Complete the JCSH Healthy School Planner or assessment tool.
2. Look through the JCSH Healthy School Planner report or other assessment tools and determine two to three gaps that you think are prevalent in your school community.
3. Print and cut the attached bridges.
4. Place two pieces of chart paper on the wall side by side with a space between each piece of chart paper (big enough for the bridge to fit between).

Process:

1. Identify gaps in comprehensive school health implementation.
 - a. Have participants review the report generated from the JCSH Healthy School Planner (or other assessment tool) and identify areas for improvement based on the rubric and assessment feedback.
 - b. Write the areas of improvement or *gaps* on the first piece of chart paper (left hand side).
2. Determine end goals or objectives that would fill the previously identified gaps.
 - a. Discuss as a group what goals would address the gaps identified.
 - b. Write the end goals on the chart paper across from the gap your school community wishes to address.
 - c. Repeat until all gaps have been addressed.
3. Bridge the gap

- a. Ask participants: *how can we reach the identified end goal or objective?*
- b. Brainstorm action items, activities, or initiatives that would meet the goal or objective.
- c. Write the action item or activity on the bridge (one per bridge). Place the bridge between the gap and the end goal to *bridge the gap*.
- d. Repeat for each gap.

Next Steps: Follow up on each bridge. Look at the action items on each bridge and determine a timeline, partners engaged, and budget. Then determine where the new activity or action item can fit into the action plan.

